

# **POLICY FOR CAREER COUNSELING**

1. **Introduction.** The career counseling of students comprises of three main components: -
  - I. Providing assistance to the students to acquire greater self-awareness and decision-making skills to select careers well suited to their interests, values, abilities, and personality styles.
  - II. Linking individuals to sources so that they can become well-informed about occupations and professions.
  - III. Supporting individuals to be dynamic leaders, managers, researchers and decision makers while maintaining composure in career transitions and balancing various life roles to become lifelong learners and scholars.
2. **Objectives.** The objectives of the policy are to:-
  - I. Build skills that facilitate self-discovery and enhance decision making abilities of students.
  - II. Enable the students to identify the career that matches their aptitude, skills, life goals, and temperament.
  - III. Guide the students to choose the most appropriate medical specialty in the regional context.
3. **Implementation of the Policy.** The Principal will constitute a cell to implement this policy according to the procedures and guidelines.
4. **Job Description of the Member.** Members will help equip the future doctors with the tools and knowledge to facilitate them in discovering the most appropriate specialty choice.
5. **Procedures and Guidelines**
  - I. Career counseling will be provided during Final year MBBS.
  - II. Career counseling will be carried out in small groups or individually.
6. **Individual Counseling.** For individual career counseling the student will apply to the Student Affairs Department and the department will make arrangements for the most appropriate counseling.
7. **Group Counseling.**
  - I. The college will arrange meetings, workshops, lectures and symposiums for group counseling.
  - II. Groups will have up to eight participants and one or two members for career counseling.